

January 18, 2021

**PRAISE THE LORD, ALL YOU SERVANTS OF
THE LORD WHO MINISTER BY NIGHT IN THE
HOUSE OF THE LORD. LIFT UP YOUR
HANDS IN THE SANCTUARY AND PRAISE
THE LORD.**

**MAY THE LORD BLESS YOU FROM ZION, HE
WHO IS THE MAKER OF HEAVEN AND
EARTH.**

PSALM 134



My eldest Great-grandson asked me the other day as we watched Jesus' Sermon on the Mount, in "The King of Kings" movie; "why do we fold our hands and kneel to pray?" My immediate response was "we don't". Many people pray standing with their hands palm up or reaching with one or two hands up to the sky. Jesus in the movie did not do anything but walk and talk while teaching the "LORD's Prayer" in this particular movie. The answer seemed to satisfy him, so we continued watching the movie.

Afterward I got to pondering his question. There is a statement of faith I say from Charles Capps and part of it says: "I am an overcomer! I have overcome the enemy because the Greater One is in me! My faith is the victory that overcomes the world, and it comes by Your Word. So, I rejoice! I won't weep in despair. I won't *wring my hands and weep in prayer.*" I got to thinking, when I talk to my earthly father or ask him for something; I don't fold my hands and bow my head or get down on my knees; I just look him in the eye and ask him. Don't get me wrong, I am not saying we should look God in the eye we cannot even see Him. My point is God is our Father, we are his beloved children, and He wants to give us abundant lives. "The *thief comes only to steal and kill and destroy; I have come that they may have life and have it to the full.* ~John 10:10"

When we bow our heads in reverence that I totally agree with because God is worthy of our respect and humbling ourselves in this way shows it. But I have conversations with God daily and I don't fold my hands every time I do so. Maybe it is because I feel like He is my Father and I feel comfortable talking to him as such. "Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God ~ John 1:12" My parents

taught me to pray with hands folded so I did for most of my life and when everyone around me is folding their hands I too fold mine. I am not saying we should not fold our hands and bow our heads in church or groups to pray that is showing reverence to God who is most worthy to receive our respect. I am just saying we don't always have to kneel or fold our hands to speak with Him. I want my children and grandchildren and great-grandchildren to know God as I do; as a loving Father who wants to fulfill my every need. I said need, not want; we don't always know what is best for us and He does. Like any good parent he withholds from us what will do harm to us in the long run. God is truly a loving Father and we can always approach Him as such.

Let me close with this: *“See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. ~ 1 John 3:1”*

Agape,

Bonnie G.